

Using the Amlser Chart

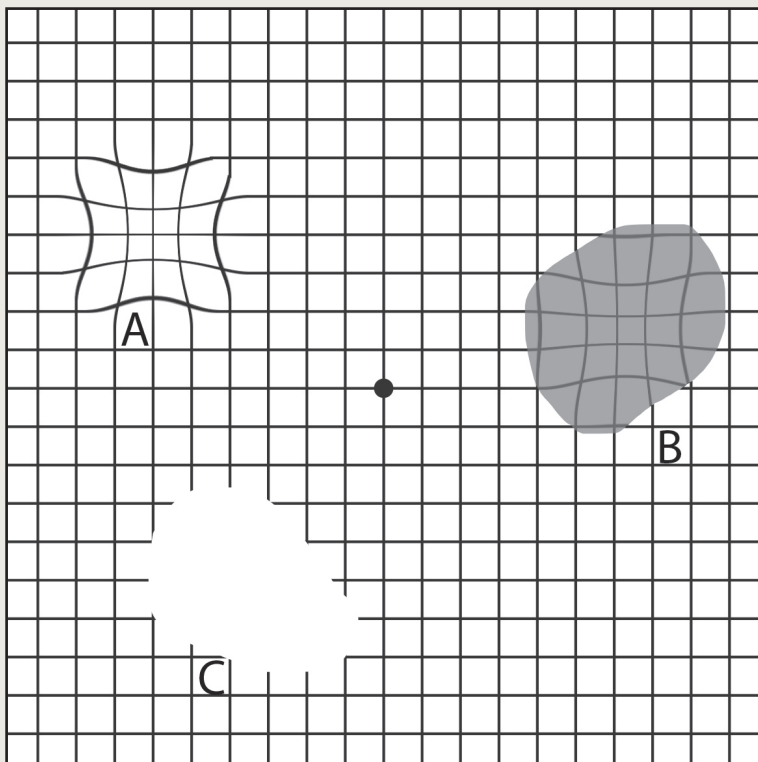
Cover one eye and focus on the dot in the middle. Use your reading glasses and stand 30cm away from the chart.

Check for the following:

- Do any of the lines look wavy, blurred or distorted?
- Are there any missing areas or dark areas in the grid?
- Can you see all corners and sides of the grid?

Now test the other eye.

Please mark the abnormal areas of the chart and bring this with you to your consultation.



In a normal chart all the lines should be straight and the squares should be the same size.

Commonly noticed problems include:

- An area where the squares may appear larger or smaller than the neighbouring squares (distortion A).
- A grey patch may suddenly appear (B).
- An area of the chart where the squares seem to disappear (C).

Please report any abnormalities to your doctor immediately.